



90 E. Tasman Drive (at N. First. St.) in San Jose ●(408) 944-6100●www.palmerclinics.com/sj

Palmer Chiropractic Clinics in San Jose are proud to provide Silicon Valley Turkey Trot participants with complimentary care for the ninth year in a row!

For the ninth year in a row, the Palmer Chiropractic Clinics in San Jose will provide complimentary care at the Silicon Valley Turkey Trot on Thursday, Nov. 23, to help runners, walkers and trotters “go the distance” – or recover from their efforts!

Race-day services are available for SVTT participants from 6:30 to 11:30 a.m. in the Palmer Chiropractic Clinics tent (situated within the Festival area, located in Arena Green Park). Care is provided by faculty-doctors and student-interns from the Palmer Chiropractic Clinics (located on the Palmer College campus in north San Jose), and includes:

- **Sport-specific injury evaluation**
- **Chiropractic adjustments**
- **Stretching**
- **Soft-tissue therapy**
- **Kinesiotaping**

Palmer Clinics faculty-doctors are experienced and credentialed in a wide variety of techniques and treatments. Palmer Clinics interns have completed extensive training in both on- and off-field settings as well as specialized College courses that focus on sport-specific injury evaluation and treatment protocols.

During the past two decades, in addition to the SVTT, the Palmer Chiropractic Clinics in San Jose have provided sports-chiropractic care services at some of the largest athletic events in

northern California, including: the Sea Otter Classic; North Face Endurance Challenge; Susan G. Komen 3-day For The Cure; Avon 30; Kaiser Half-Marathon; Dew Tour; and Valor Games.

Palmer College’s West campus, established in 1980, is the California branch campus of Palmer College of Chiropractic, which also includes the founding Palmer campus in Davenport, Iowa (established in 1897), and its newest campus in Port Orange, Fla. (which opened in 2002). Nearly one-third of all practicing chiropractors are Palmer College graduates, who serve as primary care professionals for spinal health and well-being around the globe.



To schedule an appointment at the Palmer Chiropractic Clinics in San Jose, call (408) 944-6100.

**Open Monday through Saturday*

**Most insurance accepted*

**Convenient access via VTA bus, light rail*

**Same-day appointments available*

**Staff, interns fluent in multiple languages*

**Walk-in patients welcome*